

## Recent Medical History

Check all of the boxes that apply to your health during the last six months:

### Constitutional

- Loss of appetite  Yes  No  
Unexplained tiredness  Yes  No  
Prolonged fever  Yes  No  
Night sweats  Yes  No  
Weight loss  Yes  No  
Weight gain  Yes  No

### Ears/Nose/Throat

- Buzzing or ringing in ears  Yes  No  
Hearing loss  Yes  No  
Ear pain  Yes  No  
Do you wear hearing aids  Yes  No  
Frequent nose bleeds  Yes  No  
Pain/difficulty swallowing  Yes  No  
Sore on lips or mouth  Yes  No  
Dry mouth  Yes  No  
Persistent sore throat  Yes  No  
Persistent hoarse voice  Yes  No  
Altered taste  Yes  No  
Sinus problems  Yes  No

### Eyes

- Blurred vision  Yes  No  
Double vision  Yes  No  
Eye pain  Yes  No  
Vision problems  Yes  No  
Wear glasses/contacts  Yes  No

### Gastrointestinal

- Stomach pain or cramping  Yes  No  
Nausea/vomiting  Yes  No  
Heartburn  Yes  No  
Ulcers  Yes  No  
Change in bowel habits  Yes  No  
Constipation  Yes  No  
Diarrhea  Yes  No  
Hemorrhoids  Yes  No  
Black or tarry stools  Yes  No  
Rectal bleeding  Yes  No

### Skin

- Changes in skin  Yes  No  
Bruise easily  Yes  No  
Persistent/recurring rash  Yes  No  
Sores that won't heal  Yes  No  
Itching  Yes  No

### Urinary

- Burning/painful urination  Yes  No  
Trouble starting stream  Yes  No  
Weak urinary stream  Yes  No  
Urinating frequency  Yes  No  
Frequent urination  Yes  No  
Blood in urine  Yes  No  
Urinary incontinence  Yes  No  
Waking to urinate at night  Yes  No

### Respiratory/Cardiovascular

- Irregular/rapid heartbeat  Yes  No  
Chest pain or angina  Yes  No  
Ankle/leg swelling  Yes  No  
Cough that persists  Yes  No  
Painful cough  Yes  No  
Shortness of breath  Yes  No  
Cough up blood  Yes  No  
Wheezing  Yes  No  
Use supplemental oxygen  Yes  No

### Musculoskeletal

- Arthritis  Yes  No  
Bone pain  Yes  No  
Painful or swollen joints  Yes  No  
Muscle weakness  Yes  No  
Back pain  Yes  No  
Limited range of motion  Yes  No  
Do you use? Cane Walker Wheelchair

### Neurological

- Dizzy spells  Yes  No  
Memory loss  Yes  No  
Loss of balance  Yes  No  
Frequent headaches  Yes  No  
Insomnia  Yes  No  
Numbness or tingling  Yes  No  
Loss of strength  Yes  No  
Changes in speech  Yes  No  
Strokes  Yes  No  
Seizures or tremors  Yes  No

### Psychological

- Feeling depressed  Yes  No  
Feeling anxious  Yes  No  
Mood swings  Yes  No

Patient name: \_\_\_\_\_ DOB: \_\_\_\_\_